

Annual Report

2014-15



"To help the people to help themselves"

ACTIVITES AT A GLANCE:

- Mobile Health Unit
- WatSan (Water & sanitation Progam)
- Mobile Learning Centre
- We Care
- Targeted Intervention- Female Sex Workers & Injecting Drug Users
- Mahila Panchayat
- Gender Resource Centre
- Bio Medical Waste Management
- Disaster Relief Rehabilitation
- School Awareness Program

FINANCIAL STATEMENTS

PARTNER ORGANIZATIONS

GOVERNING BOARD

Our Core Values

Our vision- A society wherein marginalized communities and specially its vulnerable segments live in harmony with their environment, have self dignity, control over their lives and are able to manage on their own their lives and their developmental affairs.

Our mission- To help people to help themselves

Our objective- To help in the all round development of deprived and disadvantaged sections of the society, particularly women and children belonging to the rural and urban communities through education, health, environment, social and economical development, irrespective of cast, creed and religion.

Our impact- We have been able to enrich more than 1000000 lives and are still counting.

Our work- All our activities are targeted towards promoting empowerment of the vulnerable and marginalized sections of the society, by making available resources and services and ensuring services provided are used effectively. We are working in Delhi, Uttar Pradesh, Uttrakhand and some parts of Haryana.

From the President's Desk:

On behalf of the Board of NDS, I am pleased to present the Annual Report; 2012-13.

We remain grateful to our donors, support organizations, colleagues, community people and the Navjyoti Development Society family and well wishers.



Navjyoti Development Society receives support from various government and non-government sources. Amongst the government donors we receive support from DSACS, Delhi Commission for Women, Samajik Suvidha Sangam- Mission Convergence, Delhi Government for various community based programs. Amongst national donors Save the Children- Bal Raksha Bharat has been a source of inherent support for us and they continue to support us in our health and education initiatives.

Adobe- CAF enabled us in starting our education programme and their support enabled us to acquire the capacity to do it even if we may not have had it at the beginning.

None of the achievements would have been possible without the commitment and effort of NDS team, its board and partners with whom we shared a collective dream and contributed towards its realization. Through all the interventions supported and implemented by NDS, lies the underlying belief that you must be the change you want to see in the world.

Their involvement ensures that NDS is able to bring about a positive and lasting change in the lives of millions across the country.

I wish everyone in NDS the very best and I firmly believe that through our collective efforts we can provide a better future to all the underprivileged sections across the country.

As we embark on this journey, with new goals and deeper focus, we invite you to join us towards our ultimate goal of a happy, healthy life for all. On behalf of the Board of NDS, I am pleased to present the Annual Report; 2013-14.

Rajendra Dangwal

President

Our Projects-

Mobile Health Unit-

Basic Health issue always has been the demand of common man. A good health and access to adequate Health and Sanitation facilities is a basic right for every human being. Bringing healthcare to your doorsteps is project initiated in 2010 which focuses mainly on Maternal and Child Health in the slums of Okhla Industrial Area, Phase I and II, South District, Delhi. Okhla Industrial Area is home to more than 200,000 migrants residing in slums. The slum dwellers here have a monthly income of 4000-5000 per month and are mostly daily wage laborers. The nearest govt. facility is too far to avail it. Even after the change of administration, the scenario do not changed. The program caters to 100,000 of the residents of Okhla Phase I and II. The purpose of the program is to bridge the service delivery gap prevalent in the area and to change the health seeking behavior of the residents in the intervention area.



To combat these issues a two pronged strategy consisting of service delivery and awareness creation was formulated. A Mobile Health Van consisting of a Gynecologist, a Lab technician for the mini lab in the van and Pharmacist for dispensing medicines was set up and runs in the 10 slum clusters of Okhla Phase I and II chosen for the intervention.

Apart from medical care and cure, we have a group of 10 Community Health Volunteers (CHV) who are responsible for the outreach work being done in the area like meetings, health camps, celebration of important health days etc. the project also looks to strengthen the existing government frontline health workers like the Anganwadi Workers and the ASHA workers in the area by organizing quarterly reinforcement trainings for them so that the prevalent government system is fortified in order to work towards long term sustainability.

Since the inception of this project, we have seen a gradual increase in the indicators like immunization of children up to 2 years, increase in institutional deliveries, increased awareness regarding issues like breast feeding, adequate low cost nutrition, ante natal care, post natal care, general health and hygiene, menstrual hygiene etc. We have reached more than 70,000 beneficiaries directly either through service delivery or counseling through this project intervention in the area. We have saved lives and helped people lead healthier lives by imbibing the messages being taught to them.

WATSAN (Water & Sanitation) & Health Services

Water & sanitation has become national agenda since the new Govt. taken place. NDS has been working on this issue since 2012 and creating various models of community sanitation as well as water ATM facilities in the community. The objective of the program is to impart awareness and improve the Water and Sanitation facilities in the community, in 10 slum clusters of Okhla Industrial Area Phase I and II. Apart from adopting a health centric approach, we have also extended our expertise in the area of Water and Sanitation. Potable water, functional toilets and clean streets around homes are basic human requirements to live a healthy and happy life. Our target is to ensure that the above are made available to people living in the slums and kachhi colonies. Since 2013, we have carried out the following activities:



1. Repairing and cleaning toilets, drains, water points in areas vulnerable to diseases
2. Mobilized local community to adopt & promote better health, sanitation practices and BCC components
3. Collaboration, advocacy initiatives and capacity building programs were carried out among key health departments, frontline health workers like ASHA, AWW and ANMs
4. Networking and linkages also improved with key Government department like Delhi Jal Board, MCD, local representatives, Mission convergence as well as other government and non- governmental organizations
5. Equipped the community with innovative solutions for water logging with soak well, biological toilet and Ecosan toilets

Way ahead: since inception of this project, we have been expecting to create a healthy community where every slum dweller could enjoy better health and sanitation conditions through their own initiatives. In this process, we are focusing to mobilize and train community to raise voices for their rights and demand better health and sanitation services in their community. To achieve this, we are adopting the following strategies:

- Collaboration with DUSIB, Delhi Jal board, MCD for strengthening toilet facilities and drain systems, application of Soak wells for avoiding water logging
- Community based monitoring system to manage and cope up with root level water and sanitation problems
- Forming Community based toilet management groups to strengthen toilet management
- More capacity building measures with frontline health workers, MCD workers and community people and district level collaboration with Mission convergence, NGOs and committees to strengthen sanitation based district implementation plan in South Delhi.

Mobile Learning Centre-



This program has been running for last three years to cater slum children who are deprived of education and mainstreaming. The program is aimed at creating quality appropriate learning materials for children from underserved hard to reach slum settlements, who can be gradually motivated to start or go back to mainstream education, or begin appropriate vocational skill training.

We are covering entire Okhla Industrial area, V.P. singh camp, Tuglakabad slum area etc. This is one of the worst slum clusters in India where thousands of children are living in deprived situation. The program is eliminating them from the vicious web of child labour.

This is the program which is making sure that each child should be in the school. Our efforts though out the year was to reach each family where a child is deprived of education.

MLC activities at a glance:

■ No. of children enrolled in MLC	543
■ No. of volunteers joined MLC	96
■ No. of counseling sessions conducted	422
■ No. of children mainstreamed	221
■ Anganwadi/ANM linked-up	9
■ No. of children enrolled in REC	143
■ No. of schools contacted and linked	9
■ No. of community population covered	80, 000 (approx)

We Care (an education and Nutrition program)



The program has been running for last couple of years in Nithari village Noida with objective to cater nearly 150 children through education, nutrition and health facilities. It was observed that most of the parents in the community are working and they leave behind young children alone at home. A considerable proportion of these children are deprived of their basic right to education.

The objective of this program is to protect these children from anti-social ailments, and to provide a safe day care centre and bring them in the mainstream of education. The project not only provides care and protection but also makes parents and society responsive to child rights.

Catalyst Adolescent Skill Development & Career guidance

The project aims to build career development skills in the adolescents so as to provide them opportunities for career growth & development. To achieve this goal, we have undertaken following activities:

1. Career counseling:



The career guidance centre was set up for certain period during the year. For example, in the month of April 7 May, it was conducted for new education session, in the month of Aug & Sept. it was conducted for new comers and in the month of Jan 7 Feb it was conducted for future planning and way forward. This would facilitate youth seeking higher education opportunities and admissions shall be facilitated for dropouts as well.

2. Computer learning for 150 adolescents

Provision of Basic Computer training in the initial 3 months, followed by specialization in industry specific computer course(s) such as Tally, Web Designing, Graphic Designing etc This was run in two batches each for a period of 6 months.

The beneficiaries of the project were adolescent girls and women in the age group of 14-30 years. The eligibility criterion was set to be Class VIII. The beneficiaries could be girls who were school/ college going or those who had dropped out of school.

Targeted Intervention Project (HIV/AIDS):

NDS has been running 2 Targeted Intervention Program with the help of Delhi State AIDS Control Society, Govt. of Delhi, National AIDS Control Organization (NACO), in Dakhinpuri and Mehrauli area. In Dakhinpuri we have been running program for 1250 Female Sex Workers while in Mehrauli area we have been targeting Injected Drug Users (IDU) for last couple of years.

Both the Target Intervention Program aimed at offering prevention and care services to high risk group such as Female Sex Workers and IDUs within the community by providing them with the information, means and skills they need to manage HIV transmission and improving their access to care, support and treatment services. The program also focused on improvement of sexual and reproductive health among

these populations and improves general health by helping them reduce the harm associated with behavior such as sex work.

NDS has been completed its annual coverage target 1250 FSWs and has registered 1402 female sex workers till date and has a regular coverage of 1161 FSWs.

The objectives of the Program

1. To provide information of control and prevention of HIV/AIDS amongst target population
2. To increase awareness about STD/HIV/AIDS among the clinic attendees and targeted HRG Population
3. To enhance knowledge for prevention of STI/HIV/AIDS. To increase availability of treatment option for STI in the Targeted HRG Population.
4. Encourage health seeking behavior amongst them and Peer Educator for providing support to those tested positive for HIV and AIDS.
5. For safer behavior of them for sexual interaction, increase availability of condom.
6. To provide and organized for referral services to the HRG.

Area of Intervention

The Targeted Intervention program implemented in Madangir, Khanpur, Vasant Kunj, Kishanganj, Vasant Vihar, Delhi Cantt., Dhaula Kuan, Mehrauli and Dakshinpuri areas in South Delhi, where Navjyoti Development Society identified various hot spots.

Performance of TI-FSW Project-

S. No.	Performance Indicator Report	Total FSW	Total IDU
1	No. of New Registration	1356	456
2	No. of repeat contacted	10027	
3	No. of RMC	4571	
4	No. STI Treatment	64	
5	No. of PT.	102	
6	No. of Syphilis screened	1500	365
7	No. of Condom distributed	236200	22345
8	No. of HRG who have treated in the Project clinic with presumptive treatment		06
9	No. of HRG who have treated in the Project clinic with Syndromic treatment		03
10	No. of HRG Counseling	3677	1037
11	Found positive	1	04
12	HRG Tested in ICTC for HIV	1459	547
	Total Number of Needle/Syringe distributed (Free)		182344/92343

Mahila Panchayat Program-

This program has become brand of NDS. The organization has implementing this program since 2003 onwards and reached thousands of families through providing justice, help and legal support. The program is aimed at providing support to victims of domestic violence. It is being run in collaboration with the Delhi Commission of Women. The objectives of the program are as follows:



- To support and protect women rights with making ensure that no woman should suffer any domestic violence in the area
- To protect woman from any form of domestic violence aware them of any form of atrocity
- To develop linkages with other stakeholders responsible to protect women rights
- To organize various awareness activities in the community related to women rights
- The Mahila Panchayat Program handles cases of dowry, divorce, maintenance, and harassment of elderly, property disputes, abuse, and others. The services provided under this program are as follows-

Achievement at a glance:

SN	Particular	No.
1	No. of cases registered during the period	149
2	No. of cases solved with the effort of Panchayat	95
3	No. of cases referred to other legal agencies	04
4	No. of cases forwarded to next year	50
5	No. of maintenance cases	52
6	No. of domestic violence cases	29
7	No. of dowry cases	13
8	No. of property cases	26
9	No. of Miscellaneous cases	29

- 7 community awareness meetings conducted in the community
- 5 interface events conducted with police and community women
- 96 house visits were conducted by volunteers and Panchayat Members in Delhi and NCR area
- 2 legal camps were conducted with the support of Delhi Legal Cell authority, Delhi
- 64 counseling sessions were conducted for families and women
- 51 Mahila Panchayat sessions were conducted throughout the year

Both the Panchayat run in the name of :

- Navodaya Mahila Panchayat
 - Jagriti Mahila Panchayat
- Okhla Industrial area, Phase-II, Delhi
V. P. Singh Camp, Rly colony, Pulprahladpur, Delhi

Strengthen Health services & livelihood in Disaster affected area of Uttarakhand:

Since the disaster happened in Uttarakhand in 2013, NDS has been continuously working on various development issues. In its first phase, NDS worked for relief and restoration work with instant health services. Later on we took the issue of strengthening health services and promotion of livelihood activities in two Districts – Tehri and Uttarkashi. The primary need of food, shelter, medicine, clothing etc have been full filled in last year 2013-14. However, it is pertinent now to look at the health care facilities and livelihood issue available at the disposal.



Health care:

The objective of this program was to **ensure that pregnant and lactating women and children under age 2 have access to health and nutrition services through village health days and community level service delivery.** Under this program we covered 25 villages in two blocks namely Thatyur (Tehri Garhwal) and Badkot (Uttarkashi) with the support of 25 Community Health Volunteers. The services we provided are:

- Assessment, procurement and supply of basic equipment at 25 Sub-centre & Anganwadi centres in the area
- Training programs for ANMs, AWWs, traditional Dais on mother & child health issues
- Networking & advocacy with Govt. departments, Panchayats and other civic authorities in the region and make sure their involvement in the process
- Special attention on adolescent health and issues and provide them training and orientation
- Promote institution deliveries in the region and achieved the goal of 85% institution deliveries
- 17 Health camps were conducted in 21 villages of the area and covered nearly 12000 population

Livelihood support:

After disaster, livelihood support was much required need of the people. NDS has taken this issue and did an assessment in 25 villages. The outcome of assessment was in form of agriculture tools, equipments, ploughs, sewing machines, carpenter kit and seeds. Keeping in mind the requirement of the people NDS provided following material:

- | | |
|-------------------|--------------|
| ➤ Agriculture kit | 133 families |
| ➤ Tailoring kit | 06 families |
| ➤ Carpenter kit | 08 families |
| ➤ Plumber kit | 06 families |
| ➤ Seeds | 133 families |

This support has brought significant changes in the life of poor and needy families. Good quality seeds helped them in agriculture

Gender Resource Center-

STREE SHAKTI-SUVIDHA KENDRA (Gender Resource Center-Suvidha Kendra) is the field level structure for Mission Convergence and is the first interface for the people of the community. It is established in 2008-2009 through NGO specifically selected for the purpose, and is supported and monitored by a Mother NGO and District Resource Centre (DRC) which is attached to the Deputy Commissioners (DC) office of their respective catchment area .

The GRC- have to look after the needs of the whole family, children, adolescents, youth, senior citizens, differently abled etc. besides women who are the main target group of the project. There has to be special emphasis on the most vulnerable people like the homeless, women and children headed families, families involved in certain trades like rag pickers, sex workers etc. GRC-SKs will carry out direct intervention through the GRC components like Health, Nutritional awareness, WASH (Water & Sanitation and Hygiene), Education, Livelihood (Vocational Training & Formation of Self Help Groups), etc. They will also play facilitation role, like creating awareness and disseminating information to the vulnerable families about entitlements of social sector schemes of nine government departments from a with the support and supervision from District Resource Centers (DRC). The Gender Resource Centers (GRC) are envisaged as instrument to bring social Economic and legal empowerment of Women particularly those belonging to the under privileged section of society.

NDS has been implementing this project since 2008 and bringing significant change in the life of people living in Okhla Industrial area New Delhi

The activities of GRC at a glance:

SN	Activity	Unit	No. of Beneficiaries
1	No of health camps organized	05	1233
2	No. static clinics (OPD) conducted	24	864
3	No. of Non-Formal functional Literacy	01	62
4	No. of Remedial education centre	01	33
5	No. of Adult education classes	01	27
6	No. of vocational training centre	02	336
7	No. of Water & Sanitation Program- awareness drives and training programs	11	1 lakh population
8	No. of SHG groups	27	291
9	Awaaz uthao Public awareness program organized	01	230
10	No. of Nutrition awareness program conducted	06	172
11	No. of legal aid / counseling session conducted	23	103
	No. of Networking with various stakeholders	04	

Bio- Medical Waste Management

This program was continued in the year 2014-15. We have covered whole Uttarakhand State. We conducted two workshops for Garhwal and Kumaun region separately. The program was conducted in collaboration with Health Department and Toxics Links Delhi.

The first workshop was conducted on 29th April 2015 in Dehradun where nearly 46 staff from various Govt. hospitals participated and followed by a press conference.

The second workshop was conducted on 19th May in Haldwani sponsored by Health Department Uttarakhand. Nearly 52 including doctors, health admin officers, CMOs and pharmacists participated in this workshop. The significant of the workshop was that it has been sponsored by Health department Uttarakhand and conducted in its training centre.

The objective of this program was

- Analyzing the strength and drawbacks of existing system of BMW & mercury management in state of Uttarakhand.
- Best practices for BMW & mercury management in healthcare facilities
- Ways by which different stakeholders can come together & take this initiative to the next level
- Make it as a campaign in the state and involve every stakeholders in the process
- To train and educate health care professionals to have awareness about persistent toxic substances and ready to action to reduce and eliminate their uses and their releases.

This seminar provided a stepping stone for establishing a system of BMW management in the state through which all the stakeholders can come together and build a network of hospitals, civil society organizations, individuals and the state machinery to effectively participate in addressing these issues.

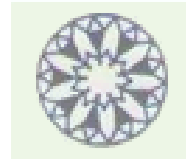
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Partner Organizations



Toxics Link



Delhi Commission for women (DCW)

