

# Annual Report

2013-14



*"To help the people to help themselves"*

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# Our Core Values

**Our vision-** A society wherein marginalized communities and specially its vulnerable segments live in harmony with their environment, have self dignity, control over their lives and are able to manage on their own their lives and their developmental affairs.

**Our mission-** To help people to help themselves

**Our objective-** To help in the all round development of deprived and disadvantaged sections of the society, particularly women and children belonging to the rural and urban communities through education, health, environment, social and economical development, irrespective of cast, creed and religion.

**Our impact-** We have been able to enrich more than 1000000 lives and are still counting.

**Our work-** All our activities are targeted towards promoting empowerment of the vulnerable and marginalized sections of the society, by making available resources and services and ensuring services provided are used effectively. We are working in Delhi, Uttar Pradesh, Utrakhand and some parts of Haryana.

## From the Secretary's Desk-



We thank those who partner us, salute those who work as a team and encourage communities in supporting our interventions in moving towards self resilience and sustainability. We thank all those who have helped us exist, work and contribute to our society. I would like to thank NDS partners, staff and the governing board members for their unstinted support to NDS in all activities.

Their involvement ensures that NDS is able to bring about a positive and lasting change in the lives of millions across the country.

I wish everyone in NDS the very best and I firmly believe that through our collective efforts we can provide a better future to all the underprivileged sections across the country.

As we embark on this journey, with new goals and deeper focus, we invite you to join us towards our ultimate goal of a happy, healthy life for all. On behalf of the Board of NDS, I am pleased to present the Annual Report; 2013-14.

Rajendra Dangwal

Secretary

# Our Projects-

## Mobile Health Unit-

A good health and access to adequate Health and Sanitation facilities is a basic right for every human being. Bringing healthcare to your doorsteps is project initiated in 2010 which focuses mainly on Maternal and Child Health in the slums of Okhla Industrial Area, Phase I and II, South District, Delhi. Okhla Industrial Area is home to more than 200,000 migrants residing in slums. The slum dwellers here have a monthly income of 3000-5000 per month and are mostly daily wage laborers. The nearest government facility where complete medical can be got is almost 16 kms from here. The dispensaries and maternity centres that are closer by do not cater to the complete needs of an individual either due to lack of infrastructure or manpower

The program caters to 100,000 of the residents of Okhla Phase I and II. The purpose of the program is twofold, being:

1. To bridge the service delivery gap prevalent in the area

2. To change the health seeking behavior of the residents in the intervention area

To combat these issues a two pronged strategy consisting of service delivery and awareness creation was formulated. A Mobile Health Van consisting of a Gynecologist, a Lab technician for the mini lab in the van and Pharmacist for dispensing medicines was set up and runs in the 10 slum clusters of Okhla Phase I and II chosen for the intervention.

Alongside this, a team of 10 Community Health Volunteers are responsible for the outreach work being done in the area like meetings, health camps, celebration of important health days etc. the project also looks to strengthen the existing government frontline health workers like the Anganwadi Workers and the ASHA workers in the area by organizing quarterly reinforcement trainings for them so that the prevalent government system is fortified in order to work towards long term sustainability.

Since the inception of this project, we have seen a gradual increase in the indicators like immunization of children up to 2 years of age, reduction in home deliveries and increase in institutional deliveries in the

area, increased awareness regarding issues like breast feeding, adequate low cost nutrition, ante natal care, post natal care, general health and hygiene, menstrual hygiene etc. We have reached more than 70,000 beneficiaries directly either through service delivery or counseling through this project intervention in the area. We have saved lives and helped people lead healthier lives by imbibing the messages being taught to them.

### **Strengthening Water, Sanitation, Nutrition & Health Services for women in the slums of South Delhi.**

The objective of the programme is to impart awareness and improve the Water and Sanitation facilities in the community, in 10 slum clusters of Okhla Industrial Area Phase I and II. Apart from adopting a health centric approach, we have also extended our expertise in the area of Water and Sanitation. Potable water, functional toilets and clean streets around homes are basic human requirements to live a healthy and happy life. Our target is to ensure that the above are made available to people living in the deprived sections of the society.

Two year journey: During the implementation of this programme in the past two years in Okhla Industrial Area we carried out the following activities:

1. Repairing and cleaning toilets, drains, water points in areas vulnerable to diseases/infections due to unhygienic living conditions.

2. Mobilized local community to adopt & promote better health, sanitation practices and BCC components
3. Collaboration, advocacy initiatives and capacity building programmes were carried out among key health departments, frontline health workers like ASHA, AWW and ANMs
4. Networking and linkages also improved with key Government department like Delhi Jal Board, MCD, local representatives, Mission convergence as well as other government and non- governmental organizations
5. Equipped the community with innovative solutions for water logging with soak well, biological toilet and Ecosan toilets

Way ahead: In coming time we want to create a healthy environment, where community could enjoy better health and sanitation conditions through their own initiatives. We would like to mobilize and train community to raise voices for their rights and demand better health and sanitation services. To achieve this cause we would like to adopt the following strategies:

- Collaboration with DUSIB, Delhi Jal board, MCD for strengthening toilet facilities and drain systems, application of Soak wells for avoiding water logging
- Community based monitoring system to manage and cope up with

root level water and sanitation problems

- Forming Community based toilet management groups to strengthen toilet management
- More capacity building measures with frontline health workers, MCD workers and community people
- District level collaboration with Mission convergence, NGOs and committees to strengthen sanitation based district implementation plan in South Delhi.

### Mobile Learning Centre-

The MLC program is aimed at creating quality appropriate learning materials for children from underserved hard to reach slum settlements, who can be gradually motivated to start or go back to mainstream education, or begin appropriate vocational skill training. We are reaching out to street and slum children deprived of their right to education by bringing education to their doorsteps, while progressively eliminating them from the vicious web of child labour.

### Key Sta



S.No.		Upto March '13
1.	Number of children enrolled in MLC	607
2.	Number of Volunteers	120
3.	Number of Counseling Sessions conducted	451
4.	Number of Children mainstreamed	251
5.	Aanganwadi Link-up	11
6.	Number of children enrolled for Remedial Classes	137

### **We Care-**

This project is based in Nithari, Noida. It was observed that most of the parents in the community are working and they leave behind young children alone at home. A considerable proportion of these children are deprived of their basic right to education. The objective of this program is to protect these children from anti-social ailments, and to provide a safe day care centre and bring them in the mainstream of education. The project not only provides care and protection but also makes parents and society responsive to child rights.

### **Catalyst Adolescent Skill Development & Career Guidance**

The project aims to build career development skills in the adolescents so as to provide them opportunities for career growth & development. For the same, the following two activities were undertaken-

1. Career counseling of 25 adolescents

The career guidance centre was set up for 6 months in the whole year. It would run for 3 months twice in the

whole year i.e., Dec- Feb during exam season to facilitate children in admission process & filling up of forms for higher education, and June-August for facilitating admissions of NIOS. This would facilitate youth seeking higher education opportunities and admissions shall be facilitated for dropouts as well.

2. Computer learning for 150 adolescents

Provision of Basic Computer training in the initial 3 months, followed by specialization in industry specific computer course(s) such as Tally, Web Designing, Graphic Designing etc. This was run in two batches each for a period of 6 months.

The beneficiaries of the project were adolescent girls and women in the age group of 14-30 years. The eligibility criterion was set to be Class VIII. The beneficiaries could be girls who were school/ college going or those who had dropped out of school.

### **TI Project-**

NDS has been running Target Intervention Program with the help of Delhi State AIDS Control Society, Govt. of Delhi, National AIDS Control Organization (NACO), GoI, since April 2008 and has completed its Third year of program with a target of 1250 Female Sex Workers by Feb 2014.



Target Intervention Program aimed at offering prevention and care services to high risk group such as Female Sex Workers and IDUs within the community by providing them with the information, means and skills they need to manage HIV transmission and improving their access to care, support and treatment services. The program also focused on improvement of sexual and reproductive health among these populations and improves general health by helping them reduce the harm associated with behavior such as sex work.

NDS has been completed its annual coverage target 1250 FSWs and has registered 1402 female sex workers till date and has a regular coverage of 1161 FSWs.



### The objectives of the Program

1. To provide information of control and prevention of HIV/AIDS amongst target population
2. To increase awareness about STD/HIV/AIDS among the clinic attendees and targeted HRG Population
3. To enhance knowledge for prevention of STI/HIV/AIDS. To increase availability of treatment option for STI in the Targeted HRG Population.
4. Encourage health seeking behavior amongst them and Peer Educator for providing support to those tested positive for HIV and AIDS.
5. For safer behavior of them for sexual interaction, increase availability of condom.
6. To provide and organized for referral services to the HRG.

### Area of Intervention

The Targeted Intervention program implemented in Madangir, Khanpur, Vasant Kunj, Kishanganj, Vasant Vihar, Delhi Cantt., Dhaula Kuan, Mehrauli and Dakshinpuri areas in South Delhi, where Navjyoti Development Society identified various hot spots.

## Achievements

## Performance of TI-FSW Project-

S. No.	Performance Indicator Report	Total
1	No. of New Registration	60
2	No. of repeat contacted	9770
3	No. of RMC	3738
4	No. STI Treatment	133
5	No. of PT.	27
6	No. of Syphilis screened	1076
7	No. of Condom distributed	324700
8	Condom distributed by Peer	316785
9	Condom through outlet	10085
10	No. of HRG Counseling	3071
11	HRG Referred to ICTC	1551
12	HRG Tested in ICTC	1413

## Performance of TI-IDU Project

S. No	Activities	Targets achieved in numbers
1	No. of HRG contacted at least once (new Contacts)	439
2	No. of HRG contacted at least twice in a month (Repeat Contacts in Month)	356
3	No. of HRG who have come to the Project clinic once	806
4	No. of HRG who have treated in the Project clinic with presumptive treatment	05
5	No. of HRG who have treated in the Project clinic with Syndromic treatment	02
6	No. of HRG who are screened for Syphilis	398
7	No of HRG counseled	1093
8	Number of HRG referred to ICTC	949
9	Number of HRG tested for HIV	519
10	Total Number of condoms distributed (Free)	19188
11	Total Number of Needle/Syringe distributed (Free)	167282/83386

## Mahila Panchayat Program-

The program is aimed at providing support to victims of domestic violence. It is being run in collaboration with the Delhi Commission of Women. The objectives of the program are as follows-

- To support and protect women rights
- To make ensure that no woman should suffer any domestic violence in the area
- To protect woman from any form of domestic violence
- To develop linkages with other stakeholders responsible to protect women rights
- To aware community on any atrocity with a woman and report to appropriate agency
- To organize various awareness activities in the community related to women rights

The Mahila Panchayat Program handles cases of dowry, divorce, maintenance, harassment of elderly, property disputes, abuse, and others. The services provided under this program are as follows-

1. Legal Aid
2. Counselling
3. Referral Services
4. Case Hearing
5. Psycho-social support
6. Capacity Building

The intervention areas for the program are Okhla Industrial Area Ph-2 and Badarpur.

## Gender Resource Center-

The Gender Resource Centers (GRC) are envisaged as instrument to bring social Economic and legal empowerment of Women particularly those belonging to the under privileged section of society.

The activities of GRC are-

- Social Empowerment
- Legal Rights
- Health Aspects
- Non-Formal functional Literacy
- Economic initiatives- Vocational training and Self-Help Groups.
- Information-Cum-Facilitation Center for information sharing
- Networking with various stakeholders
- Water & Sanitation Program- awareness drives and training programs
- Impart information and help localites in using of Govt. schemes
- Awaaz Uthao- campaign against eve-teasing
- Nutrition Program- educating women on preparation of low cost nutritious diet.

Following are the components of the intervention carried out under GRC-

1. Linking with government schemes
2. Education
3. REC
4. Adult Literacy
5. Health

6. OPDs
7. Health Camps
8. Livelihood promotion
9. Legal Aid
10. Counseling
11. Community Outreach

**Bio- Medical Waste Management**

The development objective of the Hospital Waste Management Support Project is to reduce environmental degradation and potential risks for human health through the improved management of health care waste in the hospitals.

Broadly there are three components to look towards this concept.

1. The first component of the project is policy and institutional environment strengthening. The aim of this component is:
  - To create enabling policy environment for effective management of health care waste generated by the health sector
  - To strengthen the institutional capacities of relevant ministries and agencies to implement, monitor and enforce health care waste pollution standards and associated management practices.
2. The second component of the project is hospital waste management improvement facility.
  - The objective of this component is the strengthening of individual health care facilities in

environmentally sound health care waste management and occupational safety practices.

This is in reference to the eligible central and provincial hospitals, with a priority on larger hospitals (which are typically larger waste generators) in more densely populated or especially the hilly areas.

3. The third component of the project is project implementation support and coordination.

This component will support the Hospital establishments with bio medical waste operation as to comply with the regulations under the Ministry of Health (MOH)

To establish coordination between the Hospitals and the State MOH concerned and other agencies who are working and taking effort in implementing of such kinds of projects.

At the same time we train and educate health care professionals to have an awareness about persistent toxic substances and we are ready to action to reduce and eliminate their uses and their releases. Moreover, this is also an important contribution toward raising awareness about these issues within society as a whole.

## **Disaster Relief and Rehabilitation Project**

Along with Save the Children, the Disaster Management team of Navjyoti Development Society rushed to the disaster struck districts of Uttarkashi & Tehri Grahwal to assess the needs of the affected people. The focus of most of the support received till date has been towards immediate relief interventions which aim at providing primary relief of food, clothing and emergency/temporary shelters. However, it is pertinent now to look at the health care facilities available at the disposal.

There is an imminent threat of wide spread epidemics and other health related hazards, for which agencies must step in with

interventions addressing health care and sanitation in the affected communities. Access to medical treatment in villages is challenging. Our first concern was to cater to the health care needs of the children, women, old and infirm. Navjyoti Development Society mobilized free medical camps and distributed relief supplies to help survivors in hard-hit villages of Uttarkhand. The flooding left many villages cut off from aid and health services. From July-November 2013, Navjyoti Development Society travelled through treacherous terrain to 44 villages in the districts of Uttarkashi and Tehri Garwhal, providing free primary care services to more than 4406 patients.

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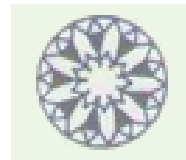


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